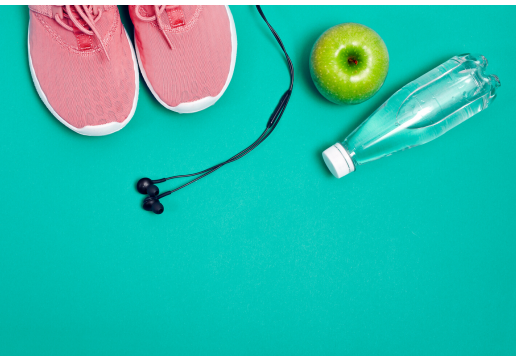


PROVEN OUTCOMES

Bounce Back Your Gut Health

Optimise Your Treatment Preparation and Recovery

Scientifically Proven Strategies to Improve
YOUR Recovery



The IVF Project
ENHANCING REPRODUCTIVE OUTCOMES

Cancer
REHABILITATION

Lymphatic
SOLUTIONS

PROVEN FERTILITY OUTCOMES



Want to Nurture Your Gut for Optimal Recovery?

If your answer is **YES!** then we have created this **exclusive offer** for you as a client of ***Cancer Rehabilitation and Lymphatic Solutions.***

Integrated team care delivers optimal outcomes.

Our mission is to ensure that everyone can receive scientific guidance to nurture their gut for optimal health.

Taking an integrated approach to your health can provide you with additional support on your journey and optimise your treatment outcomes. As you work with Kate, we are able to deliver evidenced based dietary guidance to have you bounce back sooner!

Exercise is an essential component of your path to Bounce Back and Nutrition is just as important.

Our unique approach is tailored to optimise your gut health. Improving the diversity of your gut friends (we have over 2kg of microbes living in our gut!) limits inflammation and oxidative stress, processes that drive chemoresistance and lymphoedema.

A healthy gut also helps balance hormones, boost your metabolism for weight management and enhance mood.

Optimising your nutrition to promote a diverse, healthy gut may also limit drug side effects and enhance the effectiveness of your treatment.

We would love to support your nutrition for optimal outcomes.

Cecilia + Sue x

Dr Cecilia Kitic (Director) and Dr Sue Read (Accredited Dietitian and Microbiologist and all round gut guru!)

WWW.THEIVFPROJECT.COM

PROVEN FERTILITY OUTCOMES

I am Ready!

If you are looking to optimise your treatment and recovery, now is the time to start!
Our Dietetic services are delivered online via Telehealth so you can access our expertise from anywhere across the globe!

Accredited Dietitian Services Delivered by Dr Sue Read



Initial Dietitian Consultation (45 min). In your Initial Consultation we get to find out more about your journey and let you know how we may best support you. We will discuss with you the option for a Comprehensive Nutrition Analysis and develop practical strategies to optimise your nutrition for treatment and beyond.
\$180.



Comprehensive Nutrition Analysis. This analysis includes a detailed assessment of energy balance, macronutrient intake and micronutrient targets with a comprehensive report. We will be able to provide tailored guidance so you can ensure you are meeting your bodies needs for treatment and recovery. This report includes a 30min follow up Consultation.
\$230.



Follow up Consultation (30 min). Your follow up consultations will provide practical advice and ongoing support to keep you on track for optimal outcomes.
\$100.

Bounce Back from Cancer

Our Dietitian consultations take place via a secure online Telehealth platform so you can access our expertise from the East Coast or anywhere!

Until September 30, 2020 Telehealth Consultations are eligible for Medicare rebates on a Team Care arrangement. You may also be eligible for private health rebates with the appropriate level of extras cover/referral. Please check with your private health provider as this will depend on your level of cover and insurer.

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PROVEN FERTILITY OUTCOMES



The IVF Project is located within The Johnson at Spring Hill with on street parking or secure car parking nearby.

Suite T34, 477 Boundary Street
Spring Hill, Brisbane
Queensland, AUSTRALIA 4000

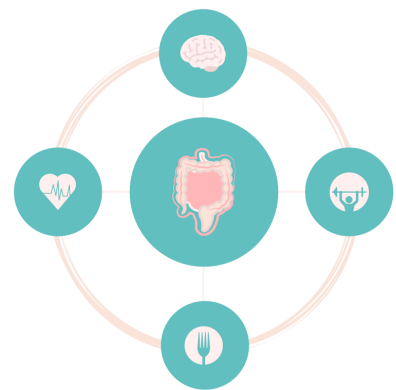
Contact Phone

1300 084 694

Outside of Australia +61 1300 084 694

Email

help@theivfproject.com



Online Bookings

www.theivfproject.com/clinic Select Dr Sue Read and choose 'Lymphatic Solutions'.



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